



NEW TESTAMENT • PAULINE LETTERS

Colossians

The sufficiency and supremacy of Christ.

AUTHORSHIP · Attributed to Paul; some scholars dispute authorship.

DATE & CONTEXT · Traditionally AD 60–62.

The big picture

Colossians presents Christ as the image of the invisible God and the one in whom all things hold together. The church does not need a supposedly superior spiritual system to complete what it has received in him. Union with Christ reshapes desires, speech, habits, and relationships. A life rooted in Jesus becomes recognizable through compassion, forgiveness, gratitude, and ordinary work done with integrity.

Words to carry

“Put on therefore, as the elect of God, holy and beloved, bowels of mercies, kindness, humbleness of mind, meekness, longsuffering”

Colossians 3:12 · KJV

Live it

01 Choose kindness before replying to a frustrating message.

02 Approach an ordinary task as an opportunity for faithful service.

03 Let gratitude interrupt one habit of complaint.

Pause & reflect

What am I treating as essential that distracts me from Christ?

Original SELAH37 introduction. Read the text in context; historical dates and attributions are approximate.

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