



OLD TESTAMENT • WISDOM

Ecclesiastes

Receiving life within human limits

AUTHORSHIP • The Teacher, traditionally associated with Solomon

DATE & CONTEXT • Date and authorship debated

The big picture

The Teacher examines work, pleasure, achievement, wealth, and mortality. Much that people chase cannot be secured or made permanent. Rather than offering easy optimism, Ecclesiastes confronts the limits of control and the certainty of death. It also notices ordinary gifts: food, companionship, and meaningful work. Its closing call to fear God frames a life of humility rather than frantic mastery.

Words to carry

“To every thing there is a season, and a time to every purpose under the heaven:”

Ecclesiastes 3:1 • KJV

Live it

- 01 Release one expectation that you cannot control.
- 02 Receive an ordinary meal or conversation with gratitude.
- 03 Consider whether your present effort serves what truly matters.

Pause & reflect

What gift am I missing because I am trying to secure everything?

Original SELAH37 introduction. Read the text in context; historical dates and attributions are approximate.

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