



NEW TESTAMENT • PAULINE LETTERS

# Galatians

Freedom in Christ, expressed through love.

AUTHORSHIP • Paul.

DATE & CONTEXT • About AD 48–55; chronology is debated.

## The big picture

Paul confronts teaching that makes belonging to God depend on adopting circumcision and the law as boundary markers. The promise to Abraham finds its fulfillment in Christ, and people receive the Spirit through faith. Christian freedom is neither self-justification nor permission to harm others. It takes visible form in the Spirit's fruit, mutual burden-bearing, and persistent goodness.

## Words to carry

“But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith”

Galatians 5:22 • KJV

## Live it

01 Practice one fruit of the Spirit in a difficult conversation.

02 Help carry a burden without making the other person feel inferior.

03 Notice when comparison tempts you to prove your worth.

## Pause & reflect

What would freedom that serves through love look like today?

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Original SELAH37 introduction. Read the text in context; historical dates and attributions are approximate.

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